

REACHING DEEPER

Touching a Student's Inner World

What is a child or youth?



What is a child or youth?

Mind



Body

Emotion

What is a child or youth?

Mind



Body

Emotion

Spirit

Kinds of Learning

- KNOWLEDGE

Teaches the mind

Words are enough

Kinds of Learning

- KNOWLEDGE

Teaches the mind

Words are enough

- CAPACITIES,
FORMATION

Teaches the heart

Requires experiences

SEVEN SPIRITUAL LONGINGS



1. The search for meaning and purpose.

- Why am I here?
- What am I to do?

2. The longing for silence and solitude.

I want to find my own way.

3. The urge for transcendence

- How far can I stretch?
- How much can I stand?

4. The hunger for joy and delight.

- I like being alive?
- I want to be happy.

5. The creative drive.

- I lose myself in art.
- I love poetry.

6. The call for initiation.

- I want to be a grownup.
- Welcome me as an adult.

7. The experience of Deep Connection

- I want to be known.
- I care about what's important.

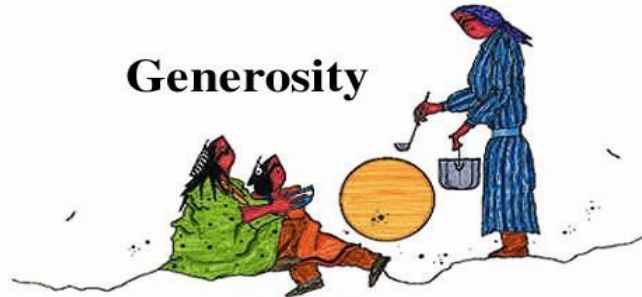
Tools for Inner Work

The background of the slide is a dark, rich purple color. It features several thick, wavy, horizontal lines in a slightly lighter shade of purple, creating a layered, textured effect. The lines are not perfectly straight, giving the background a sense of movement and depth.

Tools for Inner Work

The Circle of Courage

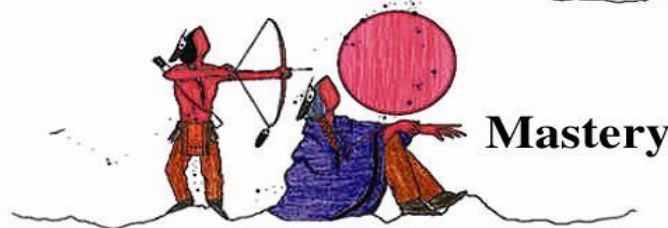
Generosity



Independence



Belonging



Mastery

Tools for Inner Work

Turtle Time



Tools for Inner Work

Talking Circles



THE FORMAT

1. Use circle seating

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2. No interruptions

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3. Silence for thinking

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3. Silence for thinking
4. Respect allows sharing
5. Leader must be growing
6. Carefully use ceremony-

THE PARTICIPANTS

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6. Begin organizational change
7. Alter their own being and person-

THE CIRCLE KEEPER

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4. Welcomes, reviews traditions, sets topic
5. Judiciously uses ceremony
6. Summarizes and closes circle-

Tools for Inner Work

Mentoring



1. It's never too early.

- Tell the other what you see.
- Put your thinking into words.

2. Model spiritual insight.

- Live your values.
- We follow the actions of others
- Give them goals

3. Institute quiet time.

- Silence increases awareness.
- Start by working up to a minute.
- A daily habit can be cultivated.

4. Teach ceremony and words.

- Poetry and wise sayings help thinking
- Songs easily learned
- Develop personal sayings
- Teach personal “altars”

5. Gather with like-minded folks.

- Reinforces the importance of spirituality
- Social support nurtures personal contact
- Humans learn from others

6. Encourage care of the earth

- Our bond is nurtured in many ways
- Activities remind us of our values
- Relate to the earth, don't manage her
- See the divine in the natural world

7. Develop daily habits.

- Begin the day with a focus on what you value
- Teach kindness when told of problems
- Model peace and gentleness when driving
- Review the day and reinforce good times

8. Stress the golden rule

- A universal teaching
- Strengthens the person's virtue
- Develops harmony with the cosmos

9. Pay attention to those in your care

- Use teaching moments to advance the Other
- Understand the other's world
- Relationship builds spiritual capacity

10. Express your hopes for the other.

- Put your desires into words stated out loud
- Consciously talk through your positive wishes for the other
- Express your intention to the cosmos and to other persons
- Speak to the Spirit

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